

## **Sarah Wilson – Founder of 54 degrees: Supporting effective project navigation**



Sarah is highly experienced and qualified project manager and project management advisor and trainer with an approachable and enthusiastic manner. With over 20 years of experience in both private and public sector organisations Sarah has a wealth of experience in both projects and programmes to help her support her clients. Sarah is a qualified APM (Association for Project Management) practitioner with over 15 years of experience working with PRINCE2 and MSP based methodologies.

### **Programme and Project Management Coaching & Training**

Since 2005 Sarah has been helping organisations to delivery more successful programmes and projects. This work has involved developing, introducing and embedding Programme and Project Management tools and methods; training and coaching staff skills in Programme and Project Management delivery; and facilitation of sessions for planning, risk management or lessons learned.

This work has included the following projects:

**Skills Enhancement Fund:** this European fund for skills development in SMEs has supported a set of project management courses and mentoring interventions in local businesses and charities specifically aimed at supporting business development

**Kirklees Council:** delivering training courses on the in-house methodology to Kirklees staff and also working with the Project and Programme officers to develop the methodology and add a more behavioural approach to the highly process driven existing methods

**Calderdale Borough Council:** working with the Programme Office to advise on the development of their new in-house project and programme management methods and tools; and on the methods for developing staff skills and raising awareness of the methodology across the authority.

This project included the development of a web based portal to support the use of the methodology and a programme of training based on the portal content. It also included the training of short sessions on their new SharePoint based Programme and Project Information Management System.

**CWIP (Cheshire and Warrington Improvement Partnership) on behalf of NWEO (North West Employers Organisation):** to work in partnership with a management trainer to develop and deliver a programme of Action Learning Sets to develop the skills of Customer Service Managers for local authorities within the Cheshire and Warrington area. The specific skills requirements included programme and project management; change management; influencing skills; negotiating skills and meetings management. The programme also offered the development of a toolkit based on the content of the learning sessions.

**Rank Hovis McDougall / Premier Foods:** to design and delivery a training programme around their own PRINCE2 based project management methodology and toolkit. This work ran over a three year period and involved the updates during the company merger;

and a reworked programme to include Action Learning to embed the methods more completely

**North Yorkshire Police:** project managing the development and delivery of training for the whole Force of a set of new police specific systems, and assisting the in-house Programme Office in the development of a bespoke methodology for structured programme delivery.

**First Plus:** to develop a training package around their PRINCE2 based project management methodology, and to carry out a knowledge transfer process to handover the training to an in-house team

Delivery of standard project management training courses based on the principles of PRINCE2 to a variety of organisations including: Barrow Borough Council, The Bank of New York; Harrogate Borough Council; City of York Council; North West Employers Organisation; North Yorkshire Improvement Partnership; Medilink YH; Systagenix; Intechology; Aggreko; Bowmer & Kirkland; BTG; West Yorkshire Joint Services; Merseyside Fire and Rescue.

## **Systems and Applications Training**

Over the years Sarah has also been involved with the introduction of new business systems, applications and processes for many and varied organisations, including North Yorkshire Police, Yorkshire Electricity, Yorkshire Forward, First Choice, Capital One, Premier Foods and Calderdale Borough Council.

This work has involved:

- Advising on the requirements for introducing new processes and systems,
- Designing and developing the training programmes and communications materials,
- Delivering training and coaching sessions,
- Project managing the training development and delivery of programmes

Sarah's areas of expertise are:

- Project and programme management training – based on PRINCE2, the APM Book of Knowledge and MSP
- Project and programme management methodology design
- Facilitation of work planning sessions; risk management workshops and lessons learned reviews
- Training programme design, development and project management

## **Contact Details**

Tel: 07976 395754

Email: sarah@54-degrees.co.uk